

IDAWA Breastfeeding Promotion Council
BREASTFEEDING INFORMATION AND SUPPORT

If you need help with breastfeeding or have questions, call any of these resource people.

NORTH CENTRAL DISTRICT HEALTH DEPARTMENT

WIC PROGRAMS

| | |
|--------------------|-----------------------|
| Lewiston | (208) 799-0390 |
| Kamiah | (208) 935-2124 |
| Grangeville | (208) 983-2842 |
| Moscow | (208) 882-7353 |
| Orofino | (208) 476-7850 |

Lactation Educator: Heather Newberry, MS, RD, LD

Lactation Counselor: Joni Wilson, CLC, CA

PULLMAN REGIONAL HOSPITAL (509) 336-7401

BirthPlace – Lactation Consultant: Laurie Heimburger, RN, IBCLC

ST. JOSEPH REGIONAL MEDICAL CENTER (208) 799-5430

Lactation Consultant: Linda Rosetti – RN, BSN, ACCE, IBCLC,

Lactation Specialists: Andrea Hedrick, RNC, Bonnie Hunt, RNC

ST. MARY'S HOSPITAL – COTTONWOOD (208) 962 -3251

Lactation Educator: Barb Michels, RN

GRITMAN MEDICAL CENTER – MOSCOW (208) 883-BABY (2229)

Lactation Consultant: Becky Behre, RNC, IBCLC

SYRINGA GENERAL HOSPITAL – GRANGEVILLE (208) 983-1700

LA LECHE LEAGUE

Volunteer Accredited La Leche League Leaders -- 1(800) LALECHE

For more information on the web: <http://www.lllusa.org>

INTERNATIONAL LACTATION CONSULTANT ASSOCIATION

Private Lactation Consultants by zip code <http://www.ilca.org>



**For more information about the WIC Program,
contact the Idaho CareLine at 211 or 1-800-926-2588**

The WIC Program is an equal opportunity
provider and employer.

Project of Healthy Mothers, Healthy Babies/*BEST START* Project; IDAWA Breastfeeding Promotion Council; and Idaho WIC Program. For information about this publication, contact Cristi Litzsinger, at the Idaho WIC Program (208) 334-5948 or litzsinc@idhw.state.id.us. IDWICR 05/05